



## WALK TO KINGSTON

**1.** Begin at Bevendean community garden. Walk through the metal gate to the right of the community garden entrance. Follow the path on your right up the hill. Keep right until you come to a wooden gate with an opening that you can walk straight through.

**2.** Carry on straight up the hill until you reach a wooden gate. Continue straight ahead, walk along the Jugs road, (named after the Brighton fishwives who transported their fish for the market in Lewes by donkey in either baskets or earthenware jugs). You will come to a crossroads of foot paths, go straight on. The path is chalky be careful the path can be slippery and very uneven.

**3.** Listen out for traffic as you get closer to the main road. Take great care crossing this busy fast road. Cross directly over the road and over a small verge turn right you will be on a tarmac path shared with cyclists that runs alongside the Falmer road.

**4.** Turn left through the first wooden gate on your left. Walk all the way along this field which often has sheep grazing. Near the end of the field you will see a small wood and a few different paths. Take the path on the right.

**5.** Go through the wooden gate in front of you and immediately turn right going through another wooden gate and walk up the hill. Near the top of the field go straight on through another wooden gate.

**6.** The path bends slightly left, proceed through the metal gate, and turn left. Walk a short way and through another wooden gate. Follow the path along the ridge of the field with the fence on your right.

**7.** You will reach a patch of Gorse bushes (prickly bushes often with yellow flowers). Walk through the middle of the bushes and go through the wooden gate. There is a fork in the path take the left fork, the fence will be on your left.

**8.** The gentle downhill path will turn into a steep uneven chalk path (take care). You will come to a metal gate at the end of the path, walk through and carry straight on.

**9.** A residential road will come into view. At this point you can choose to follow the Kingston Ridge road, which is the most direct route back for buses back to Brighton, or go via The Jugs Pub for a well earned drink.

**If going directly back to Brighton:** Continue straight ahead down Kingston Ridge and then turn left onto Ashcombe Ridge. Be sure to take the path on the right, running parallel to the road, (the road has no pavements and is fast with blind bends). When you reach the end of the path there is a railway bridge, walk under here and towards the A27 ahead of you. There is a loo and burger van here. The bus stop will be on your right.

**If going to The Jugs:** To get to The Jugs pub, take the path (pic 9) off to the right. You will be walking along Church Lane. At the recreation ground cross diagonally over the grass leading to a path through the grounds of St Pancras Church. After exiting the church grounds turn left on The Jugs is towards the end of this road.



## Summer Nature Observation



**Look & listen:** Buzzards have a call that sounds similar to a seagull. Listen out for trills, whistles, warbles and fizzing sounds of skylarks.



Download 'Merlin', a free bird song ID app with QR code.



**Summer flowers blooming:** Look out for wild poppies and pyramid orchids often seen in the south downs.



Look for this unmistakable black-and-white butterfly, The Marbled White, found in meadows throughout June and July.