



WALK TO CASTLE HILL NATURE RESERVE

1. Leave Bevendean Community Garden and turn left up the chalk lane until you come to a gate, go through the gate and carry on up the hill. Continue straight up the hill until you reach the top and go through another wooden gate, continue straight ahead, up the hill. You will come to a cross roads of foot paths follow straight on. The path is chalky and can be slippery and uneven.

2. You may hear the traffic as you approach the Falmer road up ahead. Take care and cross directly over the road and over a small verge then turn right. You will be on a tarmac path shared with cyclists that runs alongside Falmer road.

3. Take the next wooden gate on your left. Walk all the way along the bottom edge of this field, this field often has livestock. Keep to the path and have dogs on leads.

WINTER Castle Hill

Length: 4 miles (6.4km)

Time the walk takes: Approx 2 - 2.5 hrs

Please note: Crosses a busy road at pic 3. Gradual incline into nature reserve, be careful on chalk paths which can be slippery in both wet and dry conditions.

Return Journey: Number 22 bus from Bexhill Road

4. Once you reach the end of the field there is a small wood on your left, and a few different paths, take the path on the right. Go through the wooden gate in front of you and immediately turn right going through another wooden gate. Walk up the hill, near the top of the field go straight on through another wooden gate.

5. The path bends slightly left, proceed through the metal gate, and take a sharp right on to the track.

6. Walk along the track until you see a sign on your left for Castle Hill Nature Reserve. Go left here down the path. This is quite a steep and uneven path. Once you reach the end of this track you'll see another wooden gate, don't go through the gate, just turn right moving along this smaller path (often a bit overgrown) following the field

round until you reach a wooden gate, go through this gate.

7. Walk straight down a small slope and between the hawthorn trees, stay on the path (barbed fence on the left - gorse on your right). The path takes a steady incline followed by a sharper incline 30 metres to the top.

8. Carry straight up the path which bends to the left. You'll see a Telecom tower up ahead on your left. Go through wooden gate on your right and follow the path straight on. At the paths cross-roads, go straight across toward the houses. Then turn right, the sea and Brighton should be visible in the distance.

9. You will be on a wide grassy path. Near the end of the grassy path look left to the road (Bexhill Road) for the bus stop back to Brighton (left hand side of road).



Winter Nature Observation



Feel the cold air on your cheeks, or touch the petal of a winter flower such as a primrose.



Spot bright berries on bare branches.

The sky and light in winter is entirely different to summer. On a clear day, the sky can be a deep, intense blue, if you are walking later in the afternoon, the sun drops low in the sky, creating magical shadows across the land.